



# INTERFAITH GAMES

## GIRLS' ATHLETICS INFORMATION PACK

SOUTH HUB  
WEDNESDAY 17 MAY 2017

# **Introduction**

Thank you for participating in the Interfaith Games. The Association of Muslim Schools is honoured by your school supporting the third edition of the Games since their inception in 2015. We hope to continue expanding our range of events and that your school continues to take part in future editions.

We hope this athletics tournament can provide a platform for your students to showcase their skills and act as ambassadors for your school and the faith educational sector as a whole. We expect a competitive event which is fun for all participants, yet respectful and considerate of others.

As this is a girls' only event, we politely ask you do not bring any male staff members, representatives or spectators who will be supporting your schools to respect the wishes of schools, parents and the participants.

## **Venue details:**

Lee Valley Athletics Centre  
61 Meridian Way  
Edmonton  
London  
N9 0AR

Tel. 020 8344 7230

# **Tournament Rules**

- The Athletics competition is made up of 10 events – 9 individual and one team relay
- Each individual event will consist of one athlete from each school; the team relay will consist of 4.
- Schools may enter one team of up to a maximum 13 athletes from students in years 7 and/or 8.
- An athlete can take part in a maximum of three events but the limit of one team member per event is still applied.
- Athletes will be allowed 3 trials in each field event.
- High jump will go up by agreed increments. Athletes may choose to miss jumps but the bar can only be put up. 3 consecutive failures will result in elimination. If results are equal after the final competitors have been eliminated, positions will be allocated on 'count back'.
- Track will take priority over the field. Any student being called for a track event during their field event should inform the official (who will keep the card open until the athlete has had a reasonable recovery) and then compete in the track event. They should return to the field event as soon as possible after the track event.
- Teams will gain points from each event they compete in, which will go towards a final total to determine the overall champions. 15 points will be awarded for first, 14 for second and so on. Relays will count double i.e. 30 for first, 28 for second and so on. For this reason, we recommend you enter a student in every event as a few points could make a big difference in the final standings.
- Medals will be awarded for first, second and third place in each event. The overall winning school will receive the Interfaith Games trophy.

## **Please note:**

- Coaches are responsible for the safety and conduct of their students. Please ensure you have adequate personnel to manage your team.
- To ensure good timekeeping we ask all teams to arrive in their kit.
- In the case of extreme or persistent misbehaviour, officials can order a player to be ejected from the remainder of the competition. This also applies to coaches and whole teams.
- Foul and abusive language and behaviour will not be tolerated. Anyone guilty of doing so will take no further part in the tournament and their school will be informed.
- The decision of the officials is final. Please do not to engage in any attempt to influence the officials or this will result in the expulsion of your team and annulment of their results.

## **WEIGHTS AND MEASURES:**

**The measures below are standard for year 8 students. Year 7 students taking part will compete with the same measures in place.**

### **60m Hurdles:**

**76.2cm**

### **Shot Put**

**3kg**

## **Format**

To help with organisation and results, we kindly ask the lead contact for your school to email declaration sheets to [events@ams-uk.org](mailto:events@ams-uk.org) before the event.

The Games will begin at 10.30am, so please arrive by 10.00am. We expect to conclude the day by 1.00pm but please do allow for delays when arranging return transport.

The track and field programme will be run simultaneously. Track will take priority over the field. Reasonable time will be given to athletes returning to finish field events but staff should be aware of the pressure of time when selecting their squads.

Following a short break, the completion will conclude with the 4x100m relay.

### **STAFFING:**

We ask schools to bring two adults who can be used for officiating for the duration of the event. If you have any additional event officials or experienced sports leaders they would be very welcome and helpful to our games. Please let us know if you can support the event in this regard. If you are anticipating a problem with bringing two members of staff, please inform us at the above email address.

Changing room facilities are available but you will not be permitted to leave any belongings unattended.

If you have any questions regarding the information contained within this document or have any questions on any aspect of the event, please contact [events@ams-uk.org](mailto:events@ams-uk.org)

# Order of Events

## ORDER OF EVENTS

Please be observant and listen to announcements on the day to ensure you arrive at events in plenty of time

### TRACK

60M HURDLES

800M RUN

300M SPRINT

200M SPRINT

100M SPRINT

4 x 100m RELAY

The relay will follow the 100M race.

### FIELD

HIGH JUMP

TRIPLE JUMP

LONG JUMP

SHOT PUT

# Declaration Forms

## STUDENT DECLARATION SHEET:

Enter the name of one student in each box.

Each individual student cannot take part in more than three events.

SCHOOL: \_\_\_\_\_

EVENT	FULL NAME	DATE OF BIRTH
60M HURDLES		
100M SPRINT		
200M SPRINT		
300M SPRINT		
800M RUN		
LONG JUMP		
TRIPLE JUMP		
HIGH JUMP		
SHOT PUT		
4 X 100M RELAY (1)		
4 X 100M RELAY (2)		
4 X 100M RELAY (3)		
4 X 100M RELAY (4)		
TEAM COACH		

## **Schedule**

10.00	Arrival
10.15	Introduction
10.30	Track and field events
12.00	Break
12.15	Relay event
12:30	Presentation
12:45	End